

2017

I Am Resolved to Make 2017 a Great Year!

God's Solution for Depression
Psalms 42:1-6

I. Recognize and _____ Reason -

Downcast _____ (42:11; 43:5)
Loss of _____ and frequent _____ (42:3)
Anguish poured out of his _____ (42:4)
Felt _____ by the waves _____ (42:7)
Biblical examples:
* _____ (1 Kings 19:1-4)
* _____ (Matt. 26:69-75)
* _____ after the cross (Jn. 20:19)

II. Think _____ About Your Circumstances

(Rom. 8:35-37)
Due to _____ on my part? (Psa. 43:3)
Does God want me to change my _____
(Phil. 4:4; 1 Thess. 5:16)
Is God sovereign _____ or not
(42:7; 2 Cor. 1:8-9)

III. Seek _____, and Not Just _____!

Seek the _____ of God- (42:6-9; 43:2-4)
Seek the _____ of God- (42:2; 42:5)
Seek the _____ of God- (42:8; 42:4)
Seek the _____ of God- (43:3)
Seek God with the _____ of God-
(42:4; 42:3-4)

Lompoc church of Christ

138 N. O St. (805) 736-3517
Lompoc, CA 93436
www.lompoccc.org
www.facebook.com/LompocChurchOfChrist

SCHEDULE

Sunday
Bible Classes for all ages 9:30 a.m.
Morning Worship 10:30 a.m.
Evening Worship 5:00 p.m.
Tuesday
Ladies Class 10:00 a.m.
Wednesday
Bible Classes for all ages 6:30 p.m.

ELDERS, DEACONS AND STAFF

Elders		Deacons	
Eric Bliss	757-6338	Milt Baldwin	588-6574
Dale Donaghe	315-4847	Martin Casey	729-0261
Dave Gastellum	757-7092	Buddy Chadwick	736-7181
David Senior	680-3852		

The Elders meet on Sunday morning before services

Minister: Roy Senior Secretary: Shelli Donald
Phone: 680-3787 Phone: 588-9887
roy_senior@comcast.net shelli.donald@verizon.net

OPPORTUNITIES TO SERVE

Nursery Attendant Bible Hour
Cheryl Bliss Linda Chadwick
Ann Thompson

WEEK OF AUGUST 13, 2017

Bible Class	AM Worship	PM Worship	Weds. Class	Offering
53	80	51	40	3081

Lompoc church of Christ



Established 33 A.D.
Enter to Worship

AUGUST 20 2017

ORDER OF WORSHIP

Song leader: Glen Thompson

Welcome..... Dale Donaghe

663 There Is Sunshine In My Soul
676 There's Within My Heart

Prayer.....Eric Bliss

769 Why Should He Love Me So?

Lord's Supper.....Mike Cottam

910 Boundless Love

Offering.....Bob Murray

220 He Lives!

Scripture Reading:Russell Capshaw

Message..... "God's Solution for Depression.".....Roy Senior

579 Since I Have Been Redeemed
213 He Gave Me A Song

Closing Prayer.....Jimmy Williams

PMMen's Devo

MONTHLY POTLUCK

Tonight is our monthly potluck. If you have any questions, contact Cheryl Bliss.

SENIOR SAINTS LUNCHEON

Our monthly Senior Saints lunch is this Saturday at Tom's Burgers. Anyone is invited to come share a meal and fellowship. See you at noon!

2ND ANNUAL MEN'S RETREAT

The annual Men's Retreat is coming up next month, September 14th-17th. This time the study will be Commitment vs. Surrender. There are limited spots so if you want to go, please see David Senior. There is a sign up sheet in the foyer.

SEMINAR WITH JOHN SMITH

Our seminar is coming up October 20th-22nd with John Smith. It is going to be an exciting time and we look encourage everyone to attend. If you have any questions, please see one of the Elders. More books have arrived! "Catching Fire With The Holy Spirit." They are \$15.00. if you would like one please see Kim Bower to pay.

COLLEGE KIDS AND ROY ADDRESSES

Here are the addresses of our college kids. They would love to hear from you with a card!

Erin Bliss

HU Box 13915 915 E. Market Ave. Searcy AK. 72149-3915

Ryan Bliss

HU Box 10311 915 E. Market Ave., Searcy AK. 72149-0311

Anna Gastellum

HU Box 13445 915 E. Market Ave. Searcy AK. 72149-3445

Shane Nothstein

2370 Adirondack Ave., Flagstaff AR. 86001

Roy Senior

168 Oak Hill Dr. Lompoc, CA 93436

JINNY'S CLOSET IS CLOSED

PRAYER IS IMPORTANT

-**Reggie** is struggling with his health. Please keep him in your prayers .

-Please keep **Hazel Thompson's** family members in your prayers at this time. **Wes, Brenda, Earl and Kevin**, as well as **Hazel and Glen** as they deal with all of the worry that goes with loved ones being ill.

-We still have some travelers: **the Nothstein, Senior, and Gastellum families** are all on the go in the next few weeks.

-**Betty Alvarado** of Panama, found a nodule on her thyroid and has had a biopsy. She is awaiting the results. Please keep her and her family in your prayers.

SKILLED NURSING FACILITY

Please remember those of our number and others residing in the SNF: **Dave Swain, Larry Lang, Walter, Mary, Lillian Mock and Reggie**. Keep them in your prayers.



THOUGHT FOR TODAY

Tomorrow hopes we have learned something from yesterday ~John Wayne

SCRIPTURE FOR TODAY

I have stored up your word in my heart. So that I might not sin against you. ~Psalm 119:11

*Why are you in despair, O my soul?
And why have you become disturbed within me?
Hope in God, for I shall yet praise Him,
The help of my countenance and my God
Psalms 42:11*

ENCOURAGING WORDS

Are We Like John

John the Baptist was commissioned by heaven to prepare men for the coming of the promised Messiah. And by all reasonable (and Divine) measurements, he was successful in his efforts (**Matt. 3:5-6**). Scripture teaches that John even had his own disciples— who were learners and followers of him in what he was teaching.

But there is something that we need to see (and emulate) in his life. There was something that set John apart from all other men (**Matt. 11:11**). When some of John's disciples were concerned about a perceived rivalry with Jesus, they thought John was going to be overlooked, bypassed and end up on the losing end. They resentfully said, "Behold. He is baptizing, and all are coming to Him! (**John 3:26**). Notice how John responded.

John realized who he was and that all he had was from God. "John answered and said, 'A man can receive nothing unless it has been given to him from heaven' (**John 3:27**). Some of us have a higher opinion of ourselves than we should. John knew that he was nothing without having received all of his gifts from above (**Jas. 1:17**). What a lesson for us! Do we know it?

John told others that he was not "all that". John reminded, "I said, 'I am not the Christ,' but 'I have been sent for Him' (**3:28**). When some are trying to make John out to be more than he was, it would have been easy for him to glow in the attention, but instead he affirmed, "it's not me! It's Him!" What a lesson for us!

John rejoiced at what Jesus said, whatever it was. Rather than feel threatened by the growing attention the Lord was receiving, John was himself eager to hear and to follow. He cheerfully stated, "The friend of the bridegroom, who stands and hears him, rejoices greatly because of the bridegroom's voice. Therefore this joy of mine is fulfilled" (**3:29**). John was full of joy at whatever Jesus taught. What a lesson for us! Do we rejoice at every teaching of Jesus?

John was eager to elevate Jesus in his life and to minimize self. In one of the most compelling statements in all of Scripture, John avowed, "He must increase, but I must decrease" (**3:30**). John had been "the voice" (**Matt. 3:3**) to which crowds turned and listened, but now THE voice had come to which everyone needed to harken. Rather than try to compete, John's greatest desire was for his friend, Jesus, to increase in every way. What a lesson for us! Do we also strive to decrease, so that our Lord can increase?

John held a special relationship to Jesus, leaving much to emulate from his life. Are you anything like John?

R. Senior